



## Alive and Kickin

56 Count 4 Walls Intermediate

Choreographed by: Daniel Whittaker (UK)

Choreographed to: That Don't Impress Me Much on Come On Over by Shania Twain 128 BPM



1 - 2	<b>Syncopated Vine Right, Back Rock, Chasse Left.</b> Step Right To Right Side. Cross Left Behind Right. Step Right To Right Side. Cross Left Over Right. Step Right To Right Side. Rock Back On Left. Rock Forward Onto Right. Step Left To Left Side. Close Right Beside Left. Step Left To Left Side.
& 3 - 4	
5 - 6	
7 & 8	
9 - 10	<b>Weave Left, Cross Rock, Chasse 1/4 Turn Right.</b> Cross Right Over Left. Step Left To Left Side. Cross Step Right Behind Left. Step Left To Left Side. Cross Rock Right Over Left. Rock Back Onto Left. Step Right To Right Side. Close Left Beside Right. Step Right 1/4 Turn Right.
11 - 12	
13 - 14	
15 & 16	
17 & 18	<b>Kick Ball Step, Step, 1/2 Pivot, Shuffle 1/2 Turn, Back Rock.</b> Kick Left Forward. Step Left Beside Right. Step Forward Right. Step Forward Left. Pivot 1/2 Turn Right. Shuffle Step 1/2 Turn Right, Stepping - Left, Right, Left. Rock Back On Right. Rock Forward Onto Left.
19 - 20	
21 & 22	
23 - 24	
25 & 26	<b>Kick Ball Step, Step, 1/2 Pivot, Shuffle 1/2 Turn, Coaster Step.</b> Kick Right Forward. Step Right Beside Left. Step Forward Left. Step Forward Right. Pivot 1/2 Turn Left. Shuffle Step 1/2 Turn Left, Stepping - Right, Left, Right. Step Back Left. Step Right Beside Left. Step Forward Left.
27 - 28	
29 & 30	
31 & 32	
33 & 34	<b>Kick Ball Touch X 2, Sailor Steps X 2.</b> Kick Right Forward. Step Right Beside Left. Touch Left To Left Side. Kick Left Forward. Step Left Beside Right. Touch Right To Right Side. Cross Right Behind Left. Step Left To Left Side. Step Right In Place. Cross Left Behind Right. Step Right To Right Side. Step Left In Place.
35 & 36	
37 & 38	
39 & 40	
41 - 42	<b>Step 1/2 Pivot Left X 2, Syncopated Jumps Forward &amp; Back.</b> Step Forward Right. Pivot 1/2 Turn Left. Step Forward Right. Pivot 1/2 Turn Left. Step Forward Right. Step Left Shoulder Width From Right. Clap. Step Back Right. Step Left Back Shoulder Width From Right. Clap.
43 - 44	
& 45 - 46	
& 47 - 48	
& 49	<b>Hitch 1/4 Turns Left X 4, Syncopated Diagonal Steps Forward.</b> Hitch Right Knee Making 1/4 Turn Left. Touch Right To Right Side. Repeat Steps & 49 Twice More. Hitch Right Knee Making 1/4 Turn Left. Step Right Beside Left. Step Left Diagonally Forward Left. Hold. (splay Arms Out) Step Right Beside Left. Step Left Forward. Touch Right Beside Left.
& 50 & 51	
& 52	
53 - 54	
& 55 - 56	

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