

# Step On The Good Foot

**Description** 32 Count, 2 Wall Newcomer Level

**Motion** Funky

**Choreographers** Matt Oakley (U.K.) Guy Taylor (U.K.)

**Music** Hey mama by Black eyed Peas & All night dont stop by Janet Jackson

## **2 Walks, Scuff & Heel, Side Step, Hold, & Cross.**

- 1 Step LF Fwd
- 2 Step RF Fwd
- 3 Scuff LF Fwd  
& Step LF Down
- 4 Touch R Heel Fwd
- 5 Step RF to R side
- 6 Touch LF to RF
- 7 Hold Position  
& Step weight Down onto LF
- 8 Cross RF over LF

## **2 Walks Turning ¼ L, Fwd Mambo Step, Fwd Step Turning ½ R, Step Together, R Sailor Step.**

- 1 Step LF Fwd, Turning 1/8 L
- 2 Step RF Fwd, Turning 1/8 L
- 3 Rock Fwd on LF  
& Transfer Weight To RF
- 4 Step Back On LF
- 5 Turn 1/4 R and Step RF to R
- 6 Step LF next To RF
- 7 Cross RF behind LF  
& Step LF to L side
- 8 Step RF to R side

## **Touch Behind, Touch Side X2, L Sailor Step, ½ Switch Turn.**

- 1 Touch LF behind RF
- 2 Touch LF to L Side
- 3 Touch LF behind RF
- 4 Touch LF to L Side
- 5 Step LF behind RF  
& Step RF to R Side Turning ¼ L
- 6 Step LF Fwd
- 7 Step RF Fwd
- 8 Turn ½ Turn L, Transferring Weight to LF

## **Step Fwd, Small Jump, Side Touches, Nod X3, Step Together.**

- 1 Step RF Fwd
- 2 Jump Fwd slightly with both feet bringing feet together, end weight on LF
- 3 Touch RF to R side  
& Step RF next to LF
- 4 Touch LF to L side
- 5,6,7 Nod Head 3 Times transferring weight to LF
- 8 Step RF next to LF

## **Start Again!**